

## MYOPIA MANAGEMENT

### MiYOSMART SPECTACLE LENSES

#### • STEP 1: Book Myopia Consultation

A myopia management consultation costs £95. This, together with your NHS eye test will allow us to assess your child's suitability for various myopia management options and set benchmarks for success. The consultation involves measuring myopia, astigmatism, taking scans of the front and back of the eyes and assessing binocular vision. It is more in-depth than NHS eye test.

#### STEP 2: Dispense Lenses

If MiYOSMART lenses are suitable, you will see our Dispensing optician, who will guide you to select the correct frame for the lenses; you can also use your own frame if it is suitable for MiYOSMART lenses.

#### STEP 3: 1 month virtual up & 6 month in-practice follow-ups

We will see your child in 6 months' time following the eye test. We will ask several questions to assess how your child is performing as well as carry out a full eye test including checking the myopia and astigmatism and the eye health. This follow up is more in depth than the NHS examination as it involves assessing binocular vision and focussing lag (a finding associated with myopia progression) and scans where necessary. These examinations are not part of the standard NHS sight test and is chargeable (£95)

#### What is the Cost?

Consultation Fee: £95 (less NHS voucher if applicable)  
MiYOSMART lenses: £275/pair

### 3 Reasons to Choose Visioncare for Myopia Management

#### • Dedicated Myopia Management

We use the most robust clinical examination and monitoring protocols.

#### • Experience

We've been doing myopia management for many years with OrthoK contact lens treatment. Our practice was one of the first practice in the UK to

perform Ortho-K. Moreover, our optometrists have a wealth of experience in dealing with myopia management with affiliations to Moorfields Eye Hospital (Mr Rughani is a consultant Optometrist at Moorfields Eye Hospital and at Harley Street), so you can be sure of clinical excellence.

- **Choice**

We don't just perform one type of Myopia Management Treatment, we offer all currently available treatments in the UK, This means that if the type of treatment needs to change, we will offer you Ortho-K or MiSight lenses without you having to be referred to anyone else.